

ProMed virtual observership

PROGRAMME

SESSIONS 2026

THE UK'S FIRST

NHS CLINICIAN-LED VIRTUAL OBSERVERSHIP FOR ASPIRING MEDICS.

It's never been harder for school-aged students to gain real exposure to NHS practice. Hospital placements are rare. Shadowing is restricted. Even many first-year medical students struggle to step into clinical settings.

ProMed changes that.

This is the UK's first virtual observership, designed exclusively for school students — offering unprecedented access to the clinical world, streamed live by NHS clinicians.

- Observe real cases in real time
- Engage with practising clinicians
- Experience hospital-grade training from home or school
- Build a meaningful portfolio for UCAS and interviews

Every session is streamed live from a top London medical teaching facility using professional-grade AV equipment. Students see first-person views from the doctor's vantage point and third-person views of the team dynamic, with structured briefings and guided debriefs. Sessions are interactive and offer real NHS insight, not just a simulation.

ACCESSIBLE TO ALL

For students applying for or intend to study:

-  Medicine
-  Dentistry
-  Veterinary Medicine
-  Biomedical Science
-  Allied Health

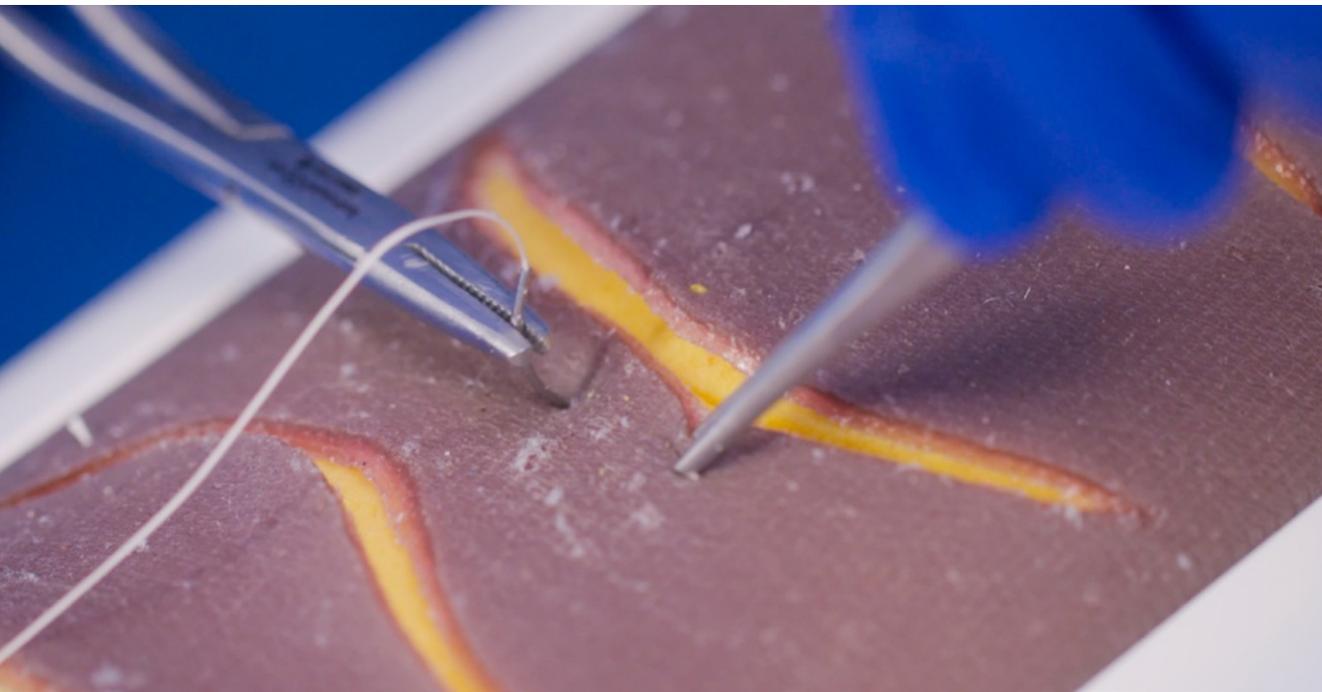
What You'll Gain:

- ✓ Certificate signed by NHS clinicians
- ✓ Optional personalised reference
- ✓ Real-world insight for personal statements
- ✓ Confidence and language for interviews
- ✓ Reflective writing material

“This is real NHS insight - not a simulation.”

Led by Course Director **Dr Konain Ehsan**

IMMERSIVE CLINICAL EXPERIENCE



PRECISION. ACCESS. LEARNING.



SESSIONS

ALL LED LIVE BY NHS CLINICIANS

1. Simulated GP Clinic: Frontline Primary Care
2. Acute Medicine: Entry to the Hospital & Early Assessment
3. Ward Round: Decisions Over Time
4. Emergency Department Simulation: Prioritisation Under Pressure
5. Emergency Department Simulation: The Quietly Unwell Patient
6. Cardiology Clinic: Chest Pain, Risk & Follow-Up
7. Preparing for Surgery: Decision-Making & Consent
8. Emergency Surgery: Acting When Time Is Critical
9. General Surgery Clinic: Planned Care & Shared Decisions
10. Paediatrics: Decision-Making with Parents
11. General Practice: Managing Complexity in the Community
12. Critical Care Essentials

THEMES

REAL MEDICAL PROCEDURES

- General Practice
- Ward Rounds
- Surgery & Perioperative
- Pre-Hospital Care
- Emergency Medicine
- ICU
- Cancer Care/Oncology
- Paediatrics
- Clinical Skills
- Surgery/Ward Rounds
- Perioperative Care

**Please note: Session content and themes are subject to minor changes or adjustments.*

DR KONAIN EHSAN

MBCHB

I am a UK-trained medical doctor, simulation-trained educator, and clinical researcher with over six years of experience delivering high-quality teaching to high-school students, medical students, and junior doctors. I graduated with an MBChB from the University of Aberdeen, hold a formal teaching qualification, and have specialist training in simulation-based education, with a strong focus on immersive, learner-centred training.

My core expertise lies in designing and delivering simulation programmes that bridge the gap between theory and real-world clinical practice. I have extensive experience teaching core clinical skills, acute care scenarios, communication skills, and human factors, using simulation to build confidence, clinical reasoning, and safe decision-making in high-pressure environments.

Alongside my educational work, I am currently a GP Specialty Trainee in NHS Scotland and a Clinical Research Fellow, which ensures my teaching remains clinically authentic and aligned with current practice. My research background includes work in acute triage, service optimisation, and AI-supported clinical decision-making, all of which inform the scenarios and learning objectives I design within simulation training.

I have led and delivered teaching programmes at scale, working with multidisciplinary faculty and learners at different stages of training. My approach to simulation emphasises psychological safety, structured debriefing, and reflective practice, ensuring learners can make mistakes safely while developing competence and confidence.

Through my simulation training work, my aim is to provide practical, high-impact education that prepares learners not just to pass assessments, but to perform effectively in real clinical settings. I continue to combine frontline clinical work with educational leadership to deliver simulation experiences that are realistic, evidence-based, and focused on improving patient care.



CONFIRMED SESSIONS FOR 2026

Simulated GP Clinic: Frontline Primary Care - 11/01/2026

This session introduces students to the reality of NHS general practice, where doctors are often the first point of contact for undifferentiated illness. Through a realistic GP consultation, students observe how clinicians take focused histories, manage uncertainty, and identify early red flags. The session highlights safety-netting, communication, and professional judgement, offering a practical introduction to decision-making in the community.

Acute Medicine: Entry to the Hospital & Early Assessment - 25/01/2026

Students are introduced to acute hospital medicine as they follow patients admitted from the community. This session focuses on how doctors and nurses assess unwell patients on arrival, monitor early change, and prioritise safety during the first high-risk hours of admission. Students gain insight into teamwork, escalation, and how deterioration is recognised before diagnoses are confirmed.

Ward Round: Decisions Over Time- 08/02/2026

This session recreates a medical ward round, allowing students to observe how clinical decisions evolve over time. As patients appear to improve or deteriorate, students see how doctors balance reassurance with ongoing risk, manage discharge pressures, and respond to new information. The session highlights continuity of care, multidisciplinary working, and reflective decision-making in everyday hospital practice.

Emergency Department Simulation: Prioritisation Under Pressure - 22/02/2026

In this high-impact session, students observe how emergency doctors prioritise patients in a busy emergency department. Rather than treating patients in order of arrival, clinicians assess risk to decide who needs urgent attention first. The session demonstrates calm decision-making under pressure and introduces students to the structured approaches used to identify time-critical illness.

Emergency Department Simulation: The Quietly Unwell Patient - 08/03/2026

Building on earlier emergency medicine principles, this session focuses on patients who deteriorate subtly rather than dramatically. Students observe how clinicians reassess patients, recognise early warning signs, and escalate care when risk becomes apparent. The session highlights the importance of vigilance, reassessment, and clinical judgement in emergency care.

Cardiology Clinic: Chest Pain, Risk & Follow-Up - 29/03/2026

This clinic-based session introduces students to planned medical care outside the emergency setting. Following patients referred with chest pain, students observe how cardiologists assess risk, explain investigations, and manage uncertainty over time. The session demonstrates shared decision-making, communication, and the role of follow-up in modern medical practice.

Preparing for Surgery: Decision-Making & Consent - 12/04/2026

This session introduces students to surgery through the lens of judgement rather than technical skill. Students observe how surgeons assess risk, decide whether an operation is necessary, and explain potential benefits and complications to patients. The session offers insight into consent, patient anxiety, and the responsibility involved in committing to irreversible decisions.

Emergency Surgery: Acting When Time Is Critical- 26/04/2026

Students follow the assessment and management of a patient requiring urgent surgery. This session demonstrates how surgeons work with anaesthetists, emergency doctors, and ward teams to make rapid decisions when time is limited. Students gain insight into multidisciplinary working, escalation, and the pressures of surgical decision-making in acute situations.

General Surgery Clinic: Planned Care & Shared Decisions - 10/05/2026

This session focuses on non-emergency surgical care, allowing students to observe outpatient assessments and planned decision-making. Students see how surgeons balance conservative management against operative intervention, explain uncertainty, and involve patients in shared decisions. The session highlights that surgery is not always urgent and that careful judgement is central to good care.

Paediatrics: Decision-Making with Parents - 31/05/2026

In this session, students are introduced to paediatric medicine and the unique challenges of caring for children. Observing consultations and ward assessments, students see how doctors communicate with parents, manage anxiety, and operate with a lower tolerance for risk. The session offers valuable insight into safeguarding awareness, reassurance, and family-centred care.

General Practice: Managing Complexity in the Community - 07/06/2026

This advanced GP session explores the management of complex and long-term conditions in the community. Students observe how GPs handle repeat attenders, chronic disease, and uncertainty over time, deciding when to monitor, reassure, or refer. The session demonstrates the breadth and complexity of modern general practice beyond first presentations.

Critical Care Essentials - 28/06/2026

This session introduces students to the care of the sickest patients in the hospital. Led by an NHS clinician, students are shown how critical care teams monitor patients, support failing organs, and work together in high-stakes environments. The session provides a clear and accessible introduction to intensive care medicine, focusing on teamwork, escalation, and patient support.



Watch from
anywhere.

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INDIVIDUAL ACCESS January to June 2026. **2-hour** sessions **twice** a month. Recordings available for all enrolled

FOR SCHOOLS Annual site licences. Staff dashboard, UCAS support & reporting. Reflection tools and academic support

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